2023 Key Findings

Minnesota Telehealth Access Survey
Key Findings

## Barriers to Health Care

Paying Medical Expenses

64.2% \$\$\$\$\$\$\$\$\$

of Minnesotans had a medical bill of \$200 or more in their household in the last year.

More Common in Households That



Are Younger



Have Private Coverage and/or



Higher Incomes

7 in 10





















of those who experienced such expense found it to be a problem to pay.

## **Cost & Insurance Barriers**



1 in 3 Minnesotans consider the **cost** of a visit **a problem** when receiving care.

This percent **decreases** for Minnesotans 65+ and those with other public coverage.



Minnesotans with private coverage consider

worries
about
insurance
coverage
a problem.



## **Issues With Prescriptions Due to Cost**



69.6%

of Minnesotans took a prescription drug in the past year.





Of those, 1 in 6 had a **cost-related issue** with their prescription.

Drug costs issues are **lower for adults 65+**, likely due to Medicare coverage.



